



CRUSADER NEWS

UPCOMING EVENTS

Monday, Aug 17th
Lunch Program begins
Extended Day Program begins

Wednesday, Aug 19th
School Mass 8:30am

Friday, Aug 21st
Dismissal 2:15pm



*Christ is the reason for
this school,
He is the unseen but
ever present teacher in
its classes.
He is the model of its
faculty and the
inspiration of its
students.*

*Welcome
To the
2009-10 School Year*

From the Principal

Greetings Christ's Crusaders!

Welcome back to a new and exciting year for 2009-2010. Can you believe we are close to completing our first decade in the new millennium? Time flies when you're having fun. For those of you who were out of town recently, I spoke at most of the masses on the weekend of Aug. 8th and 9th here at St. Martha Church. I have met many families and I am excited to be here at St. Martha Catholic School. Mrs. Flickinger has left the school very organized, set high academic standards, and has built a strong sense of Catholic identity in the school. I have some very big steps to follow, but this is my 20th year as an educator in our Archdiocese and my 10th year as a principal. I am very familiar with the expectations and guidelines for our Catholic schools and I am ready to meet the challenge.

Fr. TJ guided our staff on a retreat last week focusing on our Catholic identity. I am proud to say that the people on St. Martha's staff are great witnesses to the love and companionship of Jesus Christ. The teachers and staff here understand that Jesus is cross-curricular and that He is present in our day all day long. Families are very busy with today's society, and we are here to help bring the children closer to the presence of Jesus on a daily basis. Our teachers and staff teach and promote Catholic values and principles throughout the curriculum.

Thank you for choosing St. Martha Catholic School to educate your child's mind, heart, and spirit.

God's Blessings to you all
Mrs. Tina Lewis

Family Fun Get Together



Join us at the Humble Skate Center this afternoon, Friday August 14th from 2:00 – 4:00pm for a Family Fun Day! This is a great opportunity to rekindle St. Martha friendships and celebrate the beginning of another great year! Hope to see you there!

School Mass / PLUS Parents & Pastries

The first All School Mass will be August 19, 2009 at 8:30am for students in Kindergarten through 8th grade. Full dress uniforms are required for all School Mass days. After school Mass, come visit in the Family Life Center to see the abundance of volunteer opportunities at our school. Mrs. Lewis and Mrs. Phillips will be serving up pastries for our soon to be volunteers!

Open House Nights

Open House nights are scheduled on the following dates by grade levels, from 6:30pm – 7:30pm. Open House will begin in the Family Life Center and then progress to the classrooms. The schedule is as follows:

Monday, August 24th
Wednesday, August 26th
Wednesday, August 26th

Kindergarten through 2nd Grade
Grade 3rd through 5th Grades
Middle School

Tuition & Extended Day

Please remember that tuition is due on the 1st of each month. All extended day fees are due by the 10th. Please note: Late fees will apply to payments received after the 10th.



Parker Uniform Code

Uniforms may be ordered online at www.parkersu.com.

Web ID Code: HO011189 (Please note: the code is the Letter H, the Letter O, Zero, One, One, One, Eight, Nine.)

Office Depot 5% Back to School Program

If you shop at Office Depot, please use our school ID for 5% cash back to SMCS. Our ID# is 70098730.



Right Choice Lesson

The right choice goal for this school year is "Do your best!" Know that God loves you and created you to serve Him always and in all ways! Our monthly lesson for August is "Choices." In every situation we have a choice, with every choice there is a consequence. Choose wisely!



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This Week in Liturgy

20th Sunday in Ordinary Time—Week of August 16, 2009.

The theme this week is: Eternal Life.

Reading I: Proverbs 9: 1-6 Come and eat my bread, drink the wine I have prepared.

Reading II: Ephesians 5:15-20, Be watchful that you may know the will of God.

Gospel: John 6: 51-58 My flesh is real food and My blood is real drink.

Question for Children: Jesus shares life with us. How does Jesus help you share your life with others?

Question for Adults: Which images from today's readings touch your heart? Why?

Early Dismissals

All Friday dismissals are at 2:15pm unless and 11:00am early dismissal is noted on the annual school calendar.

From the Counselor

Welcome back to school. It is my sincere hope that this year allows you to witness your child's spiritual, academic and physical growth. Hopefully summer has brought your family a time of rest and relaxation. Beginning the school year can be an exciting but stressful time for families. You can help your child by establishing and maintaining routines in your home. Routines for the morning, homework, and bedtime can help create a consistency that reduces stress for your child. It can also increase their independence.

Morning routines should start the night before with getting things ready for the next day. Children should also start the day with a healthy breakfast to give them the physical and mental stamina needed to get through the morning.

Homework is a part of most children's day. While it is important not to put it off until too late, you should include some times for rest and a snack after school. Providing a structured but comfortable setting for homework is often helpful.

Bedtime routines are beneficial in helpful your child get to sleep. Younger children often benefit from simple routines at bedtime. Bedtime prayers, baths and a story are common for younger children. For older elementary and middle school children, time for quiet prayer, reading or reflection works well. Older children still enjoy their parent's company so don't hesitate to offer to occasionally join them in their evening routines. Bedtimes should be decided based on the child's age and individual needs. Below you will find a link to an article on the kidshealth.org website that will give you some ideas for developing appropriate bedtimes to fit into your routines.

http://kidshealth.org/parent/growth/sleep/naps.html#a_Sleep_Needs_Age_by_Age

Clinic

Just a reminder to carefully consider and update your child(s) health records as well as compliance forms for taking any medication. A health care plan will be put into place to properly care for your child while in school or at school events. Remember, students entering Kindergarten and 7th grade this year have new state mandated immunizations.